

# Jennifer Prugh

PT, DPT

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## EDUCATION:

Doctor of Physical Therapy – University of Florida

Bachelor of Science in Psychology – Valparaiso University

## PROFESSIONAL ORGANIZATIONS:

American Physical Therapy Association (Member since 2009)

## PROFESSIONAL CERTIFICATIONS:

Certified in Dry Needling

APTA Credentialed Clinical Instructor

## MEET JENNIFER:

Jennifer Prugh completed a Bachelor of Science in Psychology from Valparaiso University in 2007 and Doctor of Physical Therapy degree from University of Florida in 2011. Jennifer practiced outpatient physical therapy in Gainesville, FL at a private practice and at UF Health Shands prior to spending 7 years in Virginia practicing in outpatient and inpatient rehab settings. She moved to Tampa and joined the Potentia team in 2020.

During her career she has treated patients with sports injuries, balance and neurological conditions, overuse injuries, work injuries, as well as all orthopedic injuries including post-surgical rehab. Her treatment approach emphasizes using evidence-based treatment to help patients regain their function and meet their goals. She enjoys helping patients take control of their treatment and recovery as well as teaching patients about injury prevention and wellness. She has a commitment to life-long learning and has taken numerous courses in manual therapy. She obtained her certification in Dry Needling (Cert. DN) through the Dry Needling Institute, under the American Academy of Manipulative Therapy (AAMT) in 2017. She is credentialed through the APTA as a clinical instructor and enjoys teaching students in the clinic.

In her free time, Jennifer enjoys exercising, going to the beach, and spending time with her husband and two children.



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