

Katie Long

PT, DPT, OCS



EDUCATION:

Doctor of Physical Therapy – Shenandoah University

Post-Doctorate Residency in Orthopedic Manual Therapy –
Virginia Orthopedic Manual Therapy Institute (VOMPTI)

Bachelor of Science in Health & Exercise Science -
Bridgewater College

PROFESSIONAL ORGANIZATIONS:

American Physical Therapy Association (Member since 2014)

PROFESSIONAL CERTIFICATIONS:

Certified Clinical Specialist in Orthopedic Physical Therapy (OCS)

Certified in Dry Needling

APTA Credentialed Clinical Instructor

MEET KATIE:

Katie grew up in rural Southwestern Virginia in a solar off-the-grid home. She graduated from Bridgewater College in 2014 with a Bachelor's Degree in Health and Exercise Science. In 2017, she earned her Doctorate in Physical Therapy from Shenandoah University in Winchester, Virginia. She pursued and completed a postdoctoral residency in Orthopedic Manual Physical Therapy from the Virginia Orthopedic Manual Physical Therapy Institute (VOMPTI) in 2018. She became a Board-Certified Clinical Specialist in Orthopedic Physical Therapy through the American Board of Physical Therapy Specialties in 2019. As a retired collegiate volleyball player and current runner, Katie enjoys treating various athletic and orthopedic injuries with clinical interests involving the athletic hip, knee, foot/ankle, and running athlete. She is an APTA Credentialed Clinical Instructor, is certified in Dry Needling and has completed advanced manipulative, orthopedic, and sports specific training courses. She has experience working in outpatient physical therapy clinics emphasizing the utilization of manual therapy treatment for those with orthopedic conditions. In her spare time, Katie loves running, playing volleyball, baking, traveling, discovering new restaurants, and spending time at the beach with her husband and their dogs, Winston & Moseley.



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