

Sherrice Rose, Owner

PT, DPT, CGFI, ART-C



EDUCATION:

Doctor of Physical Therapy – Emory University

Bachelor of Science in Microbiology – Louisiana State University

PROFESSIONAL ORGANIZATIONS:

American Physical Therapy Association (APTA Member since 2001)

APTA Performing Arts Specialist Interest Group Member – Dance
Medicine

PATEL CONSERVATORY at the STRAZ CENTER FOR PERFORMING ARTS Department of Dance - Adjunct
Faculty Member/Pilates Instructor/Educator

UNIVERSITY OF SOUTH FLORIDA Performing Arts Medicine Association (PAMA) – Collaborative
Member

Co-President of the TAMPA BAY CHAPTER of the EMORY UNIVERSITY ALUMNI ASSOCIATION

PROFESSIONAL CERTIFICATIONS:

Certified Dance Rehabilitation Specialist – Westside Dance Physical Therapy, New York City

Certified Golf Fitness Instructor – Titleist Performance Institute

Certified Pilates-Power Pilates

Certified VBARRE-Power Pilates

Certified Active Release Provider-Active Release Techniques

Certified in Dry Needling – American Academy of Manipulative Therapy

MEDIA:

<https://tampamagazines.com/the-7-habits-of-highly-healthy-people/>



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Admin@potentiatherapeutics.com

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MEET SHERRICE:

Dr. SHERRICE BROUSSARD ROSE PT, DPT is the Owner and Clinic Director of POTENTIA THERAPEUTICS, a physical therapist directed practice based on orthopaedic, spine and sports assessment, treatment and wellness in Tampa Bay, FL. At Potentia Therapeutics, Sherrice believes that the model for physical therapy and wellness should evoke confidence, trust, empathy, and appreciation in the provider-patient relationship. In this ever-changing health care environment, it is imperative to provide the highest standard of health care with ethical and quality service, compassion, and respect for the patient. The team of highly trained physical therapists at Potentia practice evidence based physical therapy and wellness, allowing for precise diagnosis and skillful management of movement dysfunction. They are movement specialists who understand that there is a relationship between a patient's physical, mental, and emotional state and their functional abilities. The therapists design their treatment programs with this relationship in mind as they discover pathways to reveal regional interdependence within movement patterning. The team at Potentia can fully assess the patient in an integrative method while defining normal and dysfunctional movements that an individual demonstrates in the clinic or in the community.

Sherrice is a graduate of Emory University with a Doctor of Physical Therapy degree after earning a Bachelor of Science Degree in Microbiology from Louisiana State University. Sherrice practices evidence based physical therapy, emphasizing movement assessment, manual therapy, wellness, optimal performance, and injury prevention. Sports training specialties include but are not limited to Dance Medicine, Golf and Pilates. A Louisiana native, Sherrice worked for University of Texas Medical School-Houston Texas prior to graduate work, researching genetic data pertaining to orthopedics, contributing to published articles in Clinical Genetics, Journal of Medical Genetics and Genomics. She trained under the tutelage of Marika Molnar, physical therapist for the New York City Ballet and is certified in Dance Rehabilitation Training through her training program at Westside Dance Physical Therapy in New York City, NY. She has adopted these skills within the dance community of Tampa Bay and beyond.

In 2012, Sherrice joined the Patel Conservatory at the STRAZ Center where she is an Adjunct Faculty Member within the dance department. At the STRAZ Center, she conducts an onsite clinic for treating dance injuries while improving performance outcomes. She also teaches a dance wellness and injury



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SHERRICE CONTINUED:

prevention lecture series as well as Pilates classes to assist in a dancer's optimal conditioning. With her background in treating sports and ballet injury and while utilizing her physical therapy, Pilates and VBARRE training, she enhances the conditioning and performance of the dancer through therapeutic movement instruction and currently lectures in body awareness and injury prevention workshops. She is involved in the academic communities of University of South Florida and NOVA where she assists in Dance Medicine education through injury prevention seminars and research. She also performs educational outreach to dance studios throughout the Tampa Bay region.

Sherrice commits to continued education to maintain competency in orthopedics, spine, sports, wellness, and injury prevention. She has trained nationally in a multitude of areas including Pilates, dance medicine, golf assessment, kinesiotaping and attends orthopaedic and sports seminars to expand her knowledge base so the patient may be treated with an evidence-based approach. She attained her Certified Golf Fitness Instructor designation through the Titleist Performance Institute in 2012 & utilizes the latest research in golf fitness, health, and swing biomechanics to assess a golfer's physical and movement limitations, golf swing and correct any specific deficits that may affect his/her golf game.

Sherrice is Active Release Technique (ART) certified; an evidence based soft tissue treatment for sports injuries. She is certified in Dry Needling (Cert. DN) through the American Academy of Manipulative Therapy. She is a member of the American Physical Therapy Association (APTA), APTA Orthopaedic Section, APTA Performing Arts Medicine Special Interest Group and serves as Co-President of the EMORY UNIVERSITY Alumni Chapter of Tampa Bay. She serves as a member of the Performing Arts Medical Collaborative Committee of USF's Performing Arts Medical Association.



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